



Nasa2i7 I nass kamlin bach ne tgalbo 3la l5awf w tta3ab al nafsi li kan3aniw b sabab I corona virus.

B sabab I 7ala li kanmorro biha, o bsabab had virus, Al madrasa al rasmia lil atebba2 al nafsi- in bi madinatt sebta, katensa77 al nass bel hodo2 we tta2akkod men lma3lomatt li kaddor bainatommm. Chi li kaydmen lom ssalama al ssi7ia we nnafsia, li anna al 5awff kay3adi f7alo f7al lmarad okay5ali nnass may3erfochi kifach it3amlo m3a lwad3 5ososan annaho jdid 3lina omakan 3erfo 3lih walo za2id annaho kai5erjo bezzaf dial cha2i3att ol akadib.

O bach net3amlo m3a lwad3, al madrasa dial I attiba2 nnafsi- in dial madinatt sebta, katensa7 b tlata dial nno9att:

1. Nettaccdo mezian men Ima3lumatt

- tkon Imasadir diala mawtu9 menna , ka wizaratt assi77a aw wizaratt al cho2onn al ijtima3ia aw jam3i- iatt 5airia li 3anda ma3lomatt sa7i7a.
- nroddo lbal men Ima3lomatt li kaydoro f mawa9e33 a ttawasol al ijtima3i o da2iman n9arnoha m3a l a5bar al rrasmia dial ssi77a bach n9edro n7arbo had lecdobb o cha2i3att li kaydoro bainatna.
- N7awlo man 3ammrochi rass dianna bel ma3lomaat li machi s7e7a li anna hadchi kayzid men el 5awff dianna.
- Amma wliatna, fa n77awlo ma amkan annana nhedro m3ahom on chr7olom on jawbohom 3la l as2ila dialom bla man 5el3ohomm aw n3ammrolom rasomm b 7ajatt zaida. O da2iman man kedbochi 3lihom.

2. Darori n tebb3o nnasa2i7 dial ssolotat asse7ia.

- Lmes2ulin dial sse7a, homa li gadin i9olonna achenni n3emlo men nkono chakkin f chi 7ala o homa li kay3tewna attadabir al we9a2ia bach ne7miw rasna o nass kamlin.
- Darori, ida chakkina f chi 7ala matalan, aw chakkina annana 7amilin lil virus, ntebb3o nnasa2i7 dial lmes2ulin dial sse7a.

- Nba33do men nassa2i7 li maja men nass li ma3andom ta 3ala9a m3a sse77a li annahom i9edro idorrana.
- Darori nti9o fel mes2ulin o fel mejhodat dial lmasali7 asse7ia.

3. Ne tta5do ttadabir l me39ola

- Darori ndiro li kay9olonna al solotatt dianna, man zido man ne9so. Bach mankebbrochi l5awwf li fina o nzido l5awwf dial nnass li m3ana wa 5osooosan ddrari sgar.
- N7awlo n3icho 7iattna b tari9a 3adia on marso rrotin dianna dial da2iman bach ntagalbo 3la l5awwf li fina.
- Na5do l omor b da7k li anna dda7k kaygleb l5awwf.

Wa a5iran, al madrasa al rasmia lil atebba2 al nafsi-in, kat 9tara7 3likom ba3d attadaabir bach nna99so men l 9ala9 nnafsi li kayjina men kansem3o a5bar 9bi7a 3la had lvirus:

1. **Fekkar** bi annac machi muhaddad bhad lwaba2 li anna l3alam kamel kayhdar 3lih. Machi b ddrara.

2 **T 2akked** men lma3lomatt dialec o men lmasadir diala.

3 **Fekkar fel wlidatt sgar** o 7awel da2iman annac t9olom l7a9i9a walakin 3la 7asab ssin dialom. Ddrari sgar, dayman kay chofo raddat l fi3l dial leubar o kay

bdaw ifeccro oy 7esso. Kolchi 3la 7assab lecbar
chmen i7sas ne9lolom.

4 Mawa9e3 a ttawaso al ijtima3i kat 3awen bach
nass i 3erfo a5er l a7datt.

5 Nnass li kay 3aniw men l a3sabb aw m9al9in o
li hadchi kay attar fihom o 3la l5edma dialom fa
darori l ttaslo b attiba2 nafsani in bach i3awnohom
oy moddolom iad al mosa3ada .